

Roll Number

SET A



INDIAN SCHOOL MUSCAT
SECOND PRE - BOARD EXAMINATION
PSYCHOLOGY (037)

CLASS: XII

TERM 2

Time Allotted: 2 hrs.

02.03.2022

Max. Marks: 35

GENERAL INSTRUCTIONS

1. There are 12 questions in this paper.
2. The paper is divided into four sections – Section A, B, C and D.
3. Section – A has 3 questions, from question no 1 to 3 carrying 2 marks each. Answer to these questions should not exceed 40 words.
4. Section – B has 3 questions, from question no 4 to 6 carrying 3 marks each. Answer to these questions should not exceed 80 words.
5. Section – C has 4 questions, from question no 7 to 10 carrying 4 marks each. Answer to these questions should not exceed 120 words.
6. Section – D has one case study. There are 2 questions based on this case study, Question no – 11 and 12, each question carries 2 marks. Answer to these questions should not exceed 40 words. Answer both questions.

PART - A

- 1 Define the important features of ODD and Conduct disorder? 2
- 2 What is pro-social behavior and mention the qualities of people with pro-social behavior? 2
- 3 Explain the gap in between the cognitive and behavioral components of an attitude and how it will lead to the change? 2

OR

Explain the two different properties of an attitude Extremeness and valence?

PART - B

- 4 What are the different eating disorders experienced by the people? 3

OR

What is bipolar and explain various types of bipolar disorders?

- 5 Explain about the therapeutic process of Logo therapy? 3
- 6 Mention the three different types of classification of groups with relevant examples? 3

PART - C

- | | | |
|----|---|---|
| 7 | Explain about the four different neuro-developmental disorders experienced by the children in detail? | 4 |
| 8 | Define the term group and mention why do people join in groups? | 4 |
| 9 | What are the various factors that influence attitude change process? | 4 |
| 10 | How will you treat the irrational beliefs like “everybody must love me” and select an appropriate therapy and frame the entire process? | 4 |

OR

What is self-actualization and How will you facilitate the process of self-actualization as a therapist?

PART - D

Read the following text carefully and answer question number 11 and 12 given below:

Seetha's age 55 and she is worried about her husband and children. She is restless, irritable and has difficulty in concentrating. She is experiencing a kind of worry about the safety of her family members and she is not able to find any reason for it. It was observed that she is not ready to go out of the home and also she is not allowing her family members to go out of the home. The family members of Seetha are becoming more worried about what is happening to her and they are impatient to know and understand her.

After sometime the family members of Seetha took her to a Ojha for healing purpose and the priest while chanting certain mantras was trying to heal her.

- | | | |
|----|---|---|
| 11 | Identify and explain the disorder which is experienced by Seetha in the current case study? | 2 |
| 12 | What was the method adopted to heal her and explain about it? | 2 |

End of the Question Paper

9/11/22

Roll Number

SET B



INDIAN SCHOOL MUSCAT
SECOND PRE - BOARD EXAMINATION
PSYCHOLOGY (037)

CLASS: XII

TERM 2

Time Allotted: 2 hrs

02.03.2022

Max. Marks: 35

GENERAL INSTRUCTIONS

1. There are 12 questions in this paper.
2. The paper is divided into four sections – Section A, B, C and D.
3. Section – A has 3 questions, from question no 1 to 3 carrying 2 marks each. Answer to these questions should not exceed 40 words.
4. Section – B has 3 questions, from question no 4 to 6 carrying 3 marks each. Answer to these questions should not exceed 80 words.
5. Section – C has 4 questions, from question no 7 to 10 carrying 4 marks each. Answer to these questions should not exceed 120 words.
6. Section – D has one case study. There are 2 questions based on this case study, Question no – 11 and 12, each question carries 2 marks. Answer to these questions should not exceed 40 words. Answer both questions.

PART - A

- | | | |
|---|---|---|
| 1 | Mention the two important qualities of Autism? | 2 |
| 2 | What is the meaning of multiplexity of an attitude? | 2 |
| 3 | What is group polarization? | 2 |

(OR)

What is bandwagon effect?

PART - B

- 4 Critically evaluate the psychodynamic model to explain abnormal behavior? 3

(OR)

Define the term phobias and mention the three different types of phobias?

- 5 As a therapist how will you treat the phobia of crossing the road with the support of desensitization technique? 3

- 6 Critically evaluate the three important determinants of group formation? 3

PART - C

- 7 Explain various somatic symptom and related disorders in detail? 4

- 8 Mention the four important elements of group structure? 4

- 9 Define the term prejudice and mention any four different sources of prejudice? 4

- 10 Explain various alternative ways of healing psychological disorders in detail? 4

(OR)

Mention any four important principles of behavior therapy in detail?

PART - D

Mr. Hans has been referred to you for psychotherapy after a suicide attempt. In the clinical diagnosis it was found he is suffering with various problems like difficulty to speak, gloomy and looking down at the ground while communicating. It was found that he lost his appetite since last one month and he lost more than 10 K.G body weight. He reported that things which he used to like previously are currently perceived by him as not having worth and

enjoyable. He is thinking that the things are not going to change and improve in the near future and due to the above conditions he tried to commit suicide.

- | | | |
|----|---|---|
| 11 | Identify and explain the disorder which is experienced by Mr. Hans? | 2 |
| 12 | What is Bio-psycho-social approach to explain the disorders? | 2 |

8/12

Roll Number		
-------------	--	--

SET C



INDIAN SCHOOL MUSCAT
SECOND PRE - BOARD EXAMINATION
PSYCHOLOGY (037)

CLASS: XII

TERM 2

Time Allotted: 2 hrs.

02.03.2022

Max. Marks: 35

GENERAL INSTRUCTIONS

1. There are 12 questions in this paper.
2. The paper is divided into four sections – Section A, B, C and D.
3. Section – A has 3 questions, from question no 1 to 3 carrying 2 marks each. Answer to these questions should not exceed 40 words.
4. Section – B has 3 questions, from question no 4 to 6 carrying 3 marks each. Answer to these questions should not exceed 80 words.
5. Section – C has 4 questions, from question no 7 to 10 carrying 4 marks each. Answer to these questions should not exceed 120 words.
6. Section – D has one case study. There are 2 questions based on this case study, question no – 11 and 12, Each question carries 2 marks. Answer to these questions should not exceed 40 words. Answer both questions.

Q. No.	PART - A	MARKS
1.	How panic disorder is different from the anxiety disorder?	2
2.	Define the two terms social facilitation and social inhibition?	2
3.	What is group polarization?	2
	OR	
	What is bandwagon effect?	
	PART - B	
4.	Critically evaluate the diathesis stress model to explain abnormal behavior?	3
	OR	
	Define the term phobias and mention the three different types of phobias?	
5.	As a therapist how will you treat the phobia of crossing the road with the support of desensitization technique?	3
6.	Critically evaluate the two terms group and team?	3

PART - C

- | | | |
|-----|--|---|
| 7. | Explain various somatic symptom and related disorders in detail? | 4 |
| 8. | Define the term group and mention why do people join in groups? | 4 |
| 9. | Define the term prejudice and mention any four different sources of prejudice? | 4 |
| 10. | Explain various alternative ways of healing psychological disorders in detail? | 4 |

OR

Mention any four important principles of behavior therapy in detail?

PART – D

Read the following text carefully and answer question number 11 and 12 given below:

Seetha's age 55 and she is worried about her husband and children. She is restless, irritable and has difficulty in concentrating. She is experiencing a kind of worry about the safety of her family members and she is not able to find any reason for it. It was observed that she is not ready to go out of the home and also she is not allowing her family members to go out of the home. The family members of Seetha are becoming more worried about what is happening to her and they are impatient to know and understand her.

After sometime the family members of Seetha took her to a Ojha for healing purpose and the priest while chanting certain mantras was trying to heal her.

- | | | |
|-----|---|---|
| 11. | Identify and explain the disorder which is experienced by Seetha in the current case study? | 2 |
| 12. | What was the method adopted to heal her and explain about it? | 2 |

End of the Question Paper